

Berry Ginger Smoothie

2-3 Servings

1 Cup Unsweetened Plant Milk

2 Frozen Bananas

1 Cup Frozen Strawberries

1 Tbsp Ginger Root

1 Cup Purple Cabbage

1 Scoop VeganSmart Protein Powder

Calculated Per Serving

Calories

163

Carbs

22g

Fat

3g

Protein

12g

Fiber

7g

