

Candied Apple Smoothie

2 Servings

1 Cup Unsweetened Plant Milk

2 Frozen Bananas

1/2 Cup Frozen Blueberries

1 Cup Frozen Strawberries

1 Cup Carrots

2 Apples

1 Tbsp Honey

1 Scoop VeganSmart Protein Powder



Calculated Per Serving

Calories

202

Carbs

36g

Fat

2g

Protein

10g

Fiber

6g

