



# Caramel Green Apple Smoothie

## 2-3 Servings

1.25 Cup Unsweetened Plant Milk

2 Frozen Bananas

2 Dried Figs

1 Tsp Cinnamon

1 Cup Spinach

1 Apple Sliced

1 Scoop VeganSmart Protein Powder



### Calculated Per Serving

Calories

206

Carbs

28g

Fat

3g

Protein

16g

Fiber

7g

