



Cranberry Mango Smoothie

3-4 Servings



1 1/4 Cups Unsweetened Plant Milk

1 Frozen Bananas

1 Mango Ataulfo

1/2 Cup Frozen Cranberries

1/4 Cup Frozen Strawberries

1 Cup Purple Cabbage

1 Tbsp Ginger Root

1 Scoop VeganSmart Protein Powder



Calculated Per Serving

Calories

191

Carbs

32g

Fat

2g

Protein

11g

Fiber

4g

