



Green Kiwi Smoothie

2-3 Servings

1 Cup Unsweetened Plant Milk

2 Frozen Bananas

3 Kiwis Sliced

1 Tbsp Ginger Root

1 Cup Spinach

1/2 Cucumber Sliced

1 Scoop VeganSmart Protein Powder



Calculated Per Serving

Calories

142

Carbs

25g

Fat

2g

Protein

12g

Fiber

7g

