

Lemon Green Smoothie

3 Servings

1 1/4 Cup Unsweetened Almond Milk

1 1/2 Frozen Banana

1 Cup Spinach

1/2 Cucumber Sliced

1 Green Apple Sliced

1 Lemon Squeezed

1/2 Scoop Illumin8 Vanilla Protein Powder



Calories

138

Carbs

25g

Fat

2g

Protein

5g

Fiber

4g

