

Mango Pineapple Smoothie

2 Servings

1 Cup Unsweetened Plant Milk

2 Frozen Bananas

1 Cup Frozen Pineapple

1 Tbsp Ginger Root

2 Mangos

1 Cup Carrots

1 Tbsp Honey

1 Scoop VeganSmart Protein Powder

Calculated Per Serving

Calories

191

Carbs

32g

Fat

2g

Protein

11g

Fiber

4g

