

PB & JELLY SMOOTHIE



2 Servings

1 Cup Unsweetened Almond Milk

1 Frozen Bananas

1/2 Cup Frozen Strawberries

1/2 Cup Frozen Blueberries

1 Tbsp Peanut Butter

1 Scoop Vanilla Protein Powder

Calculated Per Serving

Calories

271

Carbs

28g

Fat

11g

Protein

15g

Fiber

3g

