

Pineapple Apple Smoothie

2 Servings

1 Cup Unsweetened Almond Milk

1 Frozen Banana

1 Cup Frozen Pineapple

1 Granny Smith Apple

1 Squeezed Lime

1 Tbsp Honey



Calculated Per Serving

Calories

176

Carbs

31g

Fat

4g

Protein

4g

Fiber

5g

