



Pineapple Orange Smoothie

3 Servings

1 Cup Unsweetened Almond Milk

1 Cup Frozen Pineapple

1 Cup Frozen Papaya

1 Frozen Bananas

3 Clementines Peeled

1 Tbsp Honey

1/4 Scoop Illumin8 Protein Powder

Calculated Per Serving

Calories

196

Carbs

37g

Fat

3g

Protein

7g

Fiber

3g

